

## HEALTH-RELATED RESOURCES

### Performance Standard 24C.G

Find resources and services within the school and community that could be used accordingly:

- *Knowledge:* Know the three dimensions of health (i.e., physical, mental/emotional, and social).
- *Application:* Apply the three dimensions of health to determine appropriate health resources.
- *Communication:* Communicate knowledge of the three dimensions of health to determine appropriate health resources.

### Procedures

1. Provide students with sufficient learning opportunities to develop skills essential to enhancing health and avoiding dangerous situations:
  - Find available school and community health-related services and resources.
2. Require students to complete the resource grid sheet. Include at least four health resources for each dimension.
3. Use the same dimensions with multiple resources.
4. Evaluate each student's performance using the "Health Related Resources" Rubric as follows:
  - *Knowledge:* The knowledge dimension was demonstrated in the performance.
  - *Application:* Applied the three dimensions of health correctly.
  - *Communication:* Communicated knowledge of dimensions of health correctly.

### Examples of Student Work

- [Meets](#)
- [Exceeds](#)

### Time Requirements

- One to two class periods
- Be sure to provide students with ample time to look for all of the necessary resources.

### Resources

- School and community health professionals or organizations
- Phone books, directory of town and school
- Internet
- Copies of Health Related Resources grid sheet
- Health Related Resources Rubric



## HEALTH-RELATED RESOURCES

NAME \_\_\_\_\_ DATE \_\_\_\_\_

- Exceeds standard (average of 4)
- Meets standard (average of 3)
- Approaches standard (average of 2)
- Begins standard or absent (average of 1)

<b>4</b>	<ul style="list-style-type: none"><li>• Successfully able to complete the resource grid, giving 4 example resources for each health dimension.</li><li>• The information was given in detail with no inaccuracies.</li></ul>
<b>3</b>	<ul style="list-style-type: none"><li>• Successfully able to complete the resource grid, giving 3 example resources for each health dimension.</li><li>• The information given had no inaccuracies.</li></ul>
<b>2</b>	<ul style="list-style-type: none"><li>• Successfully able to complete the resource grid, giving 2 example resources for each health dimension.</li><li>• The information given had no inaccuracies.</li></ul>
<b>1</b>	<ul style="list-style-type: none"><li>• Successfully able to complete the resource grid, giving 1 example resource for each health dimension.</li><li>• The information given had no inaccuracies.</li></ul>
<b>Score</b>	

HEALTH-RELATED RESOURCES

HEALTH EDUCATION PERFORMANCE STANDARD 24C - G

School and Community Health Resources

DIMENSION	RESOURCE	LOCATION
Example: Mental; depression	School Counselor	School
Mental sadness	Family	Home
	Friends	School-house
	Teachers	School
	School counselor	School
Social <sup>having</sup> no friends	School counselor	School
	Family	Home
	Teachers	School
Physical <sup>Not eating</sup> well	Parents	Home
	Teachers	School
	Doctor	Hospital

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School and Community Health Resources

DIMENSION	RESOURCE	LOCATION
<i>Example: Mental; depression</i>	<i>School Counselor</i>	<i>School</i>
<i>Social; arguments</i>	<i>1. ~ School counselor</i>	<i>~ School</i>
<i>(with adults, kids)</i>	<i>2. ~ Parents</i>	<i>~ Home</i>
	<i>3. ~ Grandparents</i>	<i>~ Their home</i>
	<i>4. ~ Friends</i>	<i>~ School / their home</i>
<i>Physical; addicted to drugs</i>	<i>1. ~ doctors</i>	<i>~ hospitals</i>
	<i>2. ~ Parents</i>	<i>~ home</i>
	<i>3. ~ nurse</i>	<i>~ hospitals</i>
	<i>4. ~ Friends</i>	<i>~ their home</i>
<i>Mental; FEAR about school</i>	<i>1. ~ School counselor</i>	<i>~ School</i>
<i>(guns, bullie, etc.)</i>	<i>2. ~ Parents</i>	<i>~ home</i>
	<i>3. ~ Teachers</i>	<i>~ school</i>
	<i>4. ~ Grandparents</i>	<i>~ their home</i>