Sex Education: The Real Deal

Student Advisory Council 2009
Intended Project

Create a modernized curriculum for Health Education with different themes.
Health I

- Wellness
  - Nutrition
  - Personal Health
  - Growth and Development
  - Diseases and health conditions
  - Safety
- Social, Emotional and Mental Health
  - Social
    - Effective Communicating
  - Emotional
    - Anger
    - Express Emotions
    - Disorders
  - Mental

- Fitness
  - Mental Fitness
  - Self-esteem

- Integrated Skills (Basic Life Skills)
  - Goals
  - Leadership
  - Positive People
  - Giving Back
Health II
(More Visual or real life examples. Use YouTube)

- Alcohol, Drugs, and Medicine
  - Relationships
  - Under the Influence
  - Physical Effects

- Human Relationships and Sexuality
  - Stress/Suicide
    - Where to go
  - Pregnancy
  - Healthy sexuality
  - Healthy Relationships

- Integrated Skills
  - Decision Making
  - right/Wrong Choices
  - Decision Influences
  - Character Development
    - Communications
    - Leadership roles
  - Set Goals/Achieve
    - Short/Long term goals
Follow the Lead

At least 24 States and the District of Columbia are moving from abstinence instruction to a more comprehensive approach that includes lessons about STD prevention and contraception.
As the Student Advisory Council, we recommend that the Board mandate sexual education classes.

Facts show that abstinence-only is not working, so Illinois needs to take a stand and help our youth.
Illinois Sexual Education Statistics

- Nearly half of all Illinois high school students have had sexual intercourse. The average age of the first intercourse is 15.
- Almost 25% of 12th graders report having sex with four or more partners.
- A mere 35% of males and females ages 15–17 uses a condom during intercourse.
- In 1998, HIV infection was the sixth leading cause of death in Illinois for people aged 25–44.
Illinois ranks the sixth highest for reported AIDS cases among all 50 states.

Illinois ranked third in the number of chlamydia cases.

Illinois ranked third in the number of gonorrhea cases.

Nearly 4,100 Illinois women younger than age 19 draw public assistance every year because of teen pregnancy.

11.4 percent of total Illinois births in 2000 were born to teens.